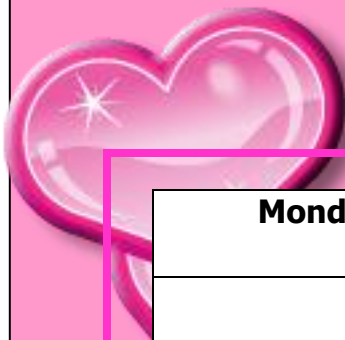


Excellence Christian School Breakfast & Lunch Menu

February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1 School Closed Parent-Teacher Conferences
4 Breakfast: Cereal Kit w/ Cold Cereal, Juice & Breakfast Cookie, Milk or Juice *Lunch: Barbecue Chicken on Whole Grain Roll, Baked Beans, Oranges, MJW Snack: Pudding Cup	5 Breakfast: Whole Wheat Bagels or Muffin, Bananas, Milk or Juice *Lunch: Orange Chicken, Vegetable Fried Rice, Veggie Spring Rolls, Bananas, MJW Snack: Cookies	6 Breakfast: Cold Cereal Breakfast Kit w/ Juice & Breakfast Cookie, Milk or Juice *Lunch: Lasagna, Green Beans, Garlic Bread, Donuts, MJW Snack: Jello Cup	7 Breakfast: Turkey Sausage, Boiled Eggs, Biscuits, Milk or Juice *Lunch: Popcorn Chicken, Potatoes Wedges, Ice Cream, MJW Snack: Potato Chips	8 Breakfast: Hot Cereal, Muffins Yogurt, Milk or Juice Lunch: Fish Nuggets, Greens, Cornbread, Sliced Apples, MJW Snack: Pudding Cup
11 Breakfast: Cold Cereal, Yogurt, Fruit, Milk or Juice Lunch: Corn Dogs, Baked Beans, French Fries, Pears, MJW Snack: Sun Chips	12 Breakfast: Turkey Bacon, French Toast, Eggs, Milk or Juice *Lunch: Chicken or Beef Bowl w/Veggie Mix & Brown Rice, Strawberries, MJW Snack: Popcorn	13 Breakfast: Turkey Sausage, Grits, Fruit, Milk or Juice Lunch: Pizza, Salad, Mixed Fruit, MJW Snack: Nacho Chips & Cheese	14 Breakfast: Hot Cereal, Yogurt, Jello, Milk or Juice *Lunch: Chicken Tenders w/Marinara Sauce, Corn & Black Bean Salad, Carrots, Sliced Peaches, MJW Snack: Cookies	15 Breakfast: Cereal Kit w/ Cold Cereal, Juice & Breakfast Cookie, Milk or Juice Lunch: Barbecue Meatballs on Whole Wheat Rolls, Spinach, Sliced Apples, MJW Snack: Grapes
18 School Closed President's Day	19 Breakfast: Cereal Kit w/ Cold Cereal, Juice & Breakfast Cookie, Milk or Juice *Lunch: Fish Filet Sandwich, Greens, Pears, MJW Snack: Sliced Apples	20 Breakfast: Mini Bagels, Boiled Egg, Applesauce, Milk or Juice Lunch: Hamburger or Cheeseburger on Whole Wheat Bun, Potato Wedges, MJW Snack: Sun Chips	21 Breakfast: Turkey Bacon, Biscuits, Fruit, Milk or Juice *Lunch: Chef Salad w/Turkey, Whole Grain Crackers & Toppings, Chicken Noodle Soup, Strawberries, MJW Snack: Pudding Cup	22 Breakfast: Hot Cereal, Applesauce, Yogurt, Milk or Juice Lunch: Turkey Hotdogs on Whole Wheat Bun, Cheese Sticks, Onion Rings, Ice Cream, MJW Snack: Popcorn
25 Breakfast: Cereal Kit w/ Cold Cereal, Juice & Breakfast Cookie, Milk or Juice *Lunch: Hot Ham & Cheese on Whole Wheat Croissant, French Fries, Mandarin Oranges, MJW Snack: Oranges	26 Breakfast: Turkey or Beef Sausage, Potatoes, Eggs, Milk or Juice Lunch: Chicken Wingettes, Mashed Potatoes w/Gravy, Spinach, Oreo Cookies, MJW Snack: Vanilla Wafers	27 Breakfast: Hot Cereal, Pop Tarts, Fruit, Milk or Juice *Lunch: Tacos w/Ground Turkey, Rice & Beans, Celery Sticks w/dip, Cake Slices, MJW Snack: Pudding Cup	28 Breakfast: Cereal Kit w/ Cold Cereal, Juice & Breakfast Cookie, Milk or Juice Lunch: Barbecue Chicken or Beef on Whole Wheat Bun, Green Beans, Sliced Carrots, Fruit, MJW Snack: Jello Cup	*New Lunch Items