



# Excellence Christian School Breakfast & Lunch Menu

# November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> <b>Breakfast:</b> Pop Tart, Yogurt, Fresh Fruit, Milk or Juice <b>Lunch:</b> Chicken Nuggets, Potato Wedges, Crackers, Cookies, MJW <b>Snack:</b> Cookies	<b>2</b> <b>School Closed</b> <b>Parent-Teacher</b> <b>Conferences</b>
<b>5</b> <b>Breakfast:</b> Hot Cereal, Fresh Fruit, Milk or Juice <b>Lunch:</b> Chicken Tenders, Broccoli, Apples MJW <b>Snack:</b> Cookies	<b>6</b> <b>School Closed</b> <b>Election Day</b>	<b>7</b> <b>Breakfast:</b> Grits, Scrambled Egg, Biscuits, MJW <b>Lunch:</b> Taco Salad, Rice, Spinach, Fruit, MJW <b>Snack:</b> Grapes	<b>8</b> <b>Breakfast:</b> Hot Cereal, Breakfast Bars, MJW <b>Lunch:</b> Fish Nuggets, Greens, Corn, Ice Cream, MJW <b>Snack:</b> Soft Pretzel	<b>9</b> <b>Breakfast:</b> Hot Cereal or Bagels & Cream Cheese, MJW <b>Lunch:</b> Fried Chicken, Mashed Potatoes/Gravy, Corn, Dessert, MJW <b>Snack:</b> Popcorn
<b>12</b> <b>School Closed</b> <b>Parent-Teacher</b> <b>Conferences</b>	<b>13</b> <b>Breakfast:</b> Pop Tarts, Yogurt, Fruit, MJW <b>Lunch:</b> Chicken Tenders, Lima Beans, Rice & Gravy, Fruit, MJW <b>Snack:</b> Mini Donuts	<b>14</b> <b>Breakfast:</b> Turkey Sausage, Egg Omelet, MJW <b>Lunch:</b> Fish Nuggets, French Fries, Fruit, MJW <b>Snack:</b> Potato Chips	<b>15</b> <b>Breakfast:</b> Hot Cereal, Breakfast Bar, MJW <b>Lunch:</b> Thanksgiving Lunch, Ham & Turkey, Mac & Cheese, Sweet Potatoes, Greens, Cake or Pie, MJW <b>Snack:</b> Jello Cup	<b>16</b> <b>Breakfast:</b> Grits, Turkey Bacon, Fruit, MJW <b>Lunch:</b> Chicken Nuggets, Green Beans, Pineapples MJW <b>Snack:</b> Grapes
<b>19</b> <b>Breakfast:</b> Hot Cereal, Muffin Milk or Juice <b>Lunch:</b> Hot Dogs, Baked Beans, Peaches, MJW <b>Snack:</b> Animal Cookies	<b>20</b> <b>Breakfast:</b> Grits, Boiled Egg, MJW <b>Lunch:</b> Pizza, Salad, Fruit, MJW <b>Snack:</b> Sun Chips	<b>21</b> <b>School Closed</b> <b>Thanksgiving Break</b>	<b>22</b> <b>School Closed</b> <b>Thanksgiving Break</b>	<b>23</b> <b>School Closed</b> <b>Thanksgiving Break</b>
<b>26</b> <b>Breakfast:</b> Hot Cereal, Yogurt, Fruit, Milk or Juice <b>Lunch:</b> Sloppy Joe, Corn, Fruit, MJW <b>Snack:</b> Rice Krispy Treat	<b>27</b> <b>Breakfast:</b> Grits, Scrambled Egg, MJW <b>Lunch:</b> Spaghetti, Salad, Garlic Bread, Ice Cream, MJW <b>Snack:</b> Chips	<b>28</b> <b>Breakfast:</b> Fried Apples, Turkey Sausage, Biscuits w/Butter, MJW <b>Lunch:</b> Baked Chicken, Rice, Green Beans, Fruit, MJW <b>Snack:</b> Mini Donuts	<b>29</b> <b>Breakfast:</b> Hot Cereal, Muffins, MJW <b>Lunch:</b> Chicken Patty, Potato Wedges, Bananas, MJW <b>Snack:</b> Sliced Apples	<b>30</b> <b>Breakfast:</b> Hot Cereal, Muffins, Fruit, Milk or Juice <b>Lunch:</b> Fish Nuggets, Greens, Cornbread, Sliced Cake, MJW <b>Snack:</b> Soft Pretzel



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<b>3 Breakfast:</b> Creamy Grits, Boiled Egg, Milk or Juice <b>Lunch:</b> Chicken Nuggets, Green Beans, Salad, Pears, MJW <b>Snack:</b> Cookies	<b>4 Breakfast:</b> Turkey Sausage, Pancakes, Milk or Juice <b>Lunch:</b> Hot Dogs, Baked Beans, Corn on the Cob, Pudding, MJW <b>Snack:</b> Potato Chips	<b>5 Breakfast:</b> Hot Cereal, Muffins, Milk or Juice <b>Lunch:</b> Chicken Tenders, Tater Tots, Applesauce, MJW <b>Snack:</b> Fruit Snacks	<b>6 Breakfast:</b> Turkey Bacon, Scrambled Eggs, Biscuits, Milk or Juice <b>Lunch:</b> Fried Chicken, French Fries, Fruit, MJW <b>Snack:</b> Popcorn	<b>7 Breakfast:</b> Turkey Sausage, French Toast, Milk or Juice <b>Lunch:</b> Grilled Cheese, Chips, Soup, Fruit, MJW <b>Snack:</b> Animal Crackers
<b>10 Breakfast:</b> Hot Cereal, Pop Tarts, Milk or Juice <b>Lunch:</b> Chicken Tenders, Green Beans, Rice w/Gravy, Fruit, MJW <b>Snack:</b> Soft Pretzel	<b>11 Breakfast:</b> Turkey Sausage, Pancakes, Milk or Juice <b>Lunch:</b> Pizza, Salad, Dessert, MJW <b>Snack:</b> Yogurt Cup	<b>12 Breakfast:</b> Grits, Bagels w/Cream Cheese, Milk or Juice <b>Lunch:</b> Turkey w/Gravy, Sweet Potatoes, Greens, Cake or Pie, MJW <b>Snack:</b> Fruit Cup	<b>13 Breakfast:</b> Turkey Bacon, Egg Omelet, Milk or Juice <b>Lunch:</b> Hot Dogs, Baked Beans, Sliced Apples, MJW <b>Snack:</b> Chips	<b>14 Breakfast:</b> Hot Cereal, Muffins, Milk or Juice <b>Lunch:</b> Chicken Nuggets, Fries, Salad, Fruit, MJW <b>Snack:</b> Cookies
<b>17 Breakfast:</b> Hot Cereal, Pop Tarts, Milk or Juice <b>Lunch:</b> Hamburger or Turkey Burger, Baked Beans, Fruit, MJW <b>Snack:</b> Jello Cup	<b>18 Breakfast:</b> Grits, Muffin, Milk or Juice <b>Lunch:</b> Chicken Patty Sandwich, French Fries, Fruit, MJW <b>Snack:</b> Vanilla Wafers	<b>SCHOOL CLOSED ~ CHRISTMAS/WINTER BREAK (December 19-January 1)</b>		
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